

2018 Health Maintenance Calendar

(Revised 3-06-2018)

GRANT COUNTY				
CARSON				
Footcare	2nd Wed - even months	Carson Manor (no phone) (410 Grant Street, Carson)	12:30p-2:00p MT	Call 622-3591 for an appointment
ELGIN				
Footcare	2nd Wed - odd months	Senior Meal Site @ Our Place Café (208 N Main Street, Elgin)	11-12:00 pm MT	Call 622-3591 for an appointment *Call before Wednesday morning
NEW LEIPZIG				
Footcare	3rd Wed - odd months	New Leipzig Senior Center (584-2225) (43 Main Ave NW)	12:30p-2:00p MT	Call 622-3591 for an appointment.
MERCER COUNTY				
BEULAH				
Blood Pressure & Footcare	1st Tues - odd months	Sunset Manor Senior Housing (114 Highway 49 S, Beulah)	8:30a-12p CT	Walkins welcome 873-4433
Blood Pressure & Footcare	1st Tues - even months	School House Apartments 873-2170 (205 2 Street NW, Beulah)	8:30a-10:30 pm CT - walkins - 10:30-12 noon by appointment (873-2170)	Walkins welcome between 8:30- 10:30 a.m. Appointments needed between 10:30a.m.-12:00 noon. Call 873-4433 or 1-888-667-3370 for a footcare appointment.
HAZEN				
Blood Pressure & Footcare	3rd Tues - every month	Golden Crescent Manor (20 7 Street NE, Hazen)	8:30a-11:30a CT	Call 873-4433 or 1-888-667-3370 for an appointemnt. Walkins welcome.
MORTON COUNTY				
ALMONT				
Footcare & blood Pressure for Seniors 60 & older	TEMPORARILY CLOSED	Almont Nutrition Center (108 Burt Avenue, Almont)	1:00-2:00 pm CT	
FLASHER				
Blood Pressure & Footcare	BY APPOINTMENT ONLY		Appointments	Call 622-3591 for an appointment.
GLEN ULLIN				
Footcare	2nd Thurs - every month	Senior Center (348-3838) (110 S Main Street, Glen Ullin)	12:30-1:30 pm CT	Call Patti @ 348-3838 for an appointment.
HEBRON				
Footcare	2nd Thurs - every month	Senior Center (878-4457) (707 Main Street, Hebron)	8:30-11:30 am CT	Call Sharon @ 878-4457 for an appointment.
MANDAN				
Footcare	Every Wednesday	Golden Age (301 15th St NW, Mandan)	8a-12p CT	Call 663-6528 for an appointment.

Footcare	1st Tuesday-every month	Edgewood Vista Mandan (2801 39 th Ave SE Mandan)	9 a- 12 pCT	Appointments made at Edgewood Visat for residents only call 663- 5664
Footcare	2nd Thurs - every month	Lakewood Landing (4401 21st St SE Mandan)	9 a- 12 pCT	Appointments made at Lakewood Landing for residents only call 751- 6191
Footcare	3rd Wed - every month	Library Square #1 (100 1st St NW Mandan)	1-3p CT	Call 663-6528 for an appointment.
NEW SALEM				
Footcare & Blood Pressure for Seniors 60 & Older	2nd Tues - every month 3rd Tues - every month	Pioneer Club (201 S 3 Street, New Salem)	8:45a-10:15a CT	Call Mark @ 843-8030 for a footcare appointment.
OLIVER COUNTY				
CENTER				
Blood Pressure & Footcare	3rd Wed - even months	Senior Center (Center, ND) (122 Main Street, Center)	9:30a-11a CT (Sheila 794-8867)	Call 794-8867 for a footcare appointment